

## Mathys Contact

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### Course location

**Institute of Anatomy  
University of Bern**  
Bühlstrasse 26  
3009 Bern  
Switzerland  
www.ana.unibe.ch  
Tel. +41 31 631 81 11

### Accommodation

**Kongress + Kursaal Bern AG  
Hotel Allegro Bern AG**  
Kornhausstrasse 3  
3000 Bern 25  
Switzerland  
www.kursaal-bern.ch  
Tel. +41 31 339 55 00

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**This course is supported by an unrestricted grant by Mathys Ltd Bettlach.  
The Participant has to attend at least 80 % of the course, in order to get the  
certificate of attendance.**

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# Programme



## Shoulder arthroplasty

Thursday, 14 March 2019

Institute of Anatomy

University of Bern, Switzerland

## Anatomy Workshop

The goal of this course is to provide the knowledge as well as the skills to successfully implant shoulder prostheses and also to discuss cases to find the optimal solutions for your patients. In the theoretical session we will give you the background on the topic and this knowledge can then be brought into practice with hands-on-workshop on the specimens.

## Scientific Board



**Dr Ulf Riede**  
Solothurn, Switzerland



**Dr Yves Fortems**  
Wilrijk, Belgium



**Dr Philippe Vial**  
Freiburg, Switzerland



**Mr Marck van Liefland, MD**  
Oswestry, United Kingdom

## Wednesday, 13 March 2019

### Hotel Allegro, Bern

**20:00 h** Meet at the hotel lobby and short walk to the restaurant

**20:15 h** **Dinner at the restaurant «Kirchenfeld»**  
Thunstrasse 5, 3005 Bern  
Tel. +41 31 351 02 78

## Thursday, 14 March 2019

### Institute of Anatomy, University of Bern

**08:00 h** Meet in the hotel lobby and transfer by bus to institute

**08:30 h** **Welcome and introduction**

**08:40 h** **Approaches**  

- Deltopectoral (10 min.)
- Lateral (10 min.)

U. Riede  
Y. Fortems

**09:00 h** **Session I – Anatomic shoulder prostheses**  

- Omarthrosis: Total or hemi prosthesis? (20 min.)
- Indication short vs. stemmed prosthesis (20 min.)

U. Riede  
U. Riede

**09:40 h** Coffee break

**10:10 h** **Session II – Reverse shoulder prostheses**  

- Biomechanics of reverse shoulder arthroplasty (20 min.)
- RSA: Indications, case discussion, tips & tricks (20 min.)
- Latissimus dorsi transfer (10 min.)

M. van Liefland  
Y. Fortems  
Y. Fortems

**11:00 h** **Session III – Fracture prostheses**  

- ORIF, primary or inverse prosthesis? (15 min.)
- Healing of tuberosities in hemiarthroplasty (15 min.)

M. van Liefland  
P. Vial

**11:30 h** **Session IV – Various topics**  

- Managing the infected shoulder arthroplasty (15 min.)
- Case presentation: Challenging cases (15 min.)

P. Vial  
M. van Liefland

**12:00 h** Lunch

**12:45 h** **Cadaver based training** All

**15:45 h** **Wrap-up and final discussion** All

**16:00 h** End of course / Transfer by bus to the railway station or hotel «Allegro»